



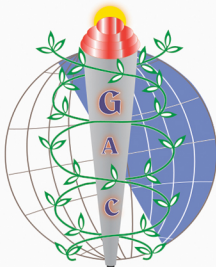
Pioneer in Singapore Ayurveda



11 years of Masteries
in Ayurveda



Schedule your
Free consultation



Specialized care
from Experts

Global Ayurvedic Centre Pte Ltd

www.gacayurveda.sg

About Ayurveda

Ayurveda is quickly gaining worldwide recognition as an alternative and complementary form of medicine that is able to give dramatic results in cases where modern medicine is unable to provide solutions. Ayurveda has already been accepted as part of mainstream healthcare in India, Hungary, Russia, UAE, Sri Lanka, Bangladesh and Nepal. It is the most popular complementary and alternative medicine in Japan. Its benefits for stress relief treatments in developed countries like USA, UK, Germany and Australia are well-recognised.

About GAC

Global Ayurvedic Centre Pte Ltd has a vision of providing the best Ayurvedic treatment outside of India. Singapore has an excellent geographical location boosted by world-class infrastructure. Since our opening, we have seen a growing number of patients finding relief from a number of ailments that they have been suffering for a long time. We have also seen the number of non-Indian patients grow steadily. We also cater for separate male and female treatment rooms with therapists of the corresponding sex.

At Global Ayurvedic Centre Pte Ltd, we provide high quality services at affordable rates. This is the cornerstone of our business. Our employees are experienced and highly qualified, with qualifications from some of the most prestigious Ayurvedic schools in Kerala, India. We practice Ayurvedic Physiotherapy in its traditional form and use only genuine therapeutic oils. The kind of approach we intend to take is one that offers comprehensive treatments as well as professional advice on proper eating, living habits, etc.

Therapies

RHEUMAVEDIC ABHYANGA

50mins S\$50

(AYURVEDIC BODY MASSAGE THERAPY)

Massaging The Body with Herbal Oil Suitable for The Body Types and Ailments Followed by Massage with Hot Herbal Poultice Prepared with Healing Herbs.

NECK AND SHOULDER MASSAGE

35mins S\$35

Massaging The Neck, Arms, Shoulder Using Herbal Oil and Herbal Poultice.



PIZHICHIL

(LOCAL OIL DRIPPING)

40mins S\$45

Oil is Applied on The Affected Area Followed by Synchronised Drippind of Warm Herbal Oil on That Area.

UDWARTANAM

(POWDER MASSAGE FOR REDUCING FAT)

40mins S\$45

Selecting A Particular Part of Body Which Have to be Treated and Massage is Done in Anticlockwise Direction Using Fat Burning Herbal Powders.

BEAUTY SERVICES AT GAC

EYE MASSAGE FOR DARK CIRCLES

30mins S\$25

Massaging Around The Eyes Using Floral and Fruit Extract Oil Followed by Herbal Pack.

FACE PACK

(REJUVENATE THE BODY, MIND AND SOUL)

30mins S\$25

Basic Cleansing Using Herbal Cleansers Followed by Fruit and Herbal Pack.

CUSTOMISED AYURVEDIC FACIAL

50mins S\$48

Includes Cleansing, Scrubbing, Toning, Steaming, Massage in The Face and Neck Followed by Herbal Extract Pack (no Machine and Extractions Are Done) it is Absolutely A Natural Way of Facial.

HERBAL BODY SCRUB

(EYE OIL POUCH)

60mins S\$70

Scrubbing The Body Using Fruits and Herbal Extracts Following The Cleansing Massage in A Invigorating and Soothing Manner.

SCALP SCRUB FOR HAIR GROWTH

(EYE OIL POUCH)

35mins S\$35

Massaging The Scalp with Herbal Oil Followed by Scrubbing with Herbal Powder with Extracted Juice from Special Herbs to Open The Blocked Follicles.

* We Are Non-GST Registered and All Our Charges Mentioned are Nett Price



SHIRODHARA

(MEDICATED HERBAL OIL DRIPPING)

30mins S\$80

Applying Oil on The Body to Stimulate The Nerve Endings, Which is Followed by Dripping of Herbal Oil on The Forehead for 30mins.

TAKRADHARA

(MEDICATED BUTTER MILK DRIPPING)

30mins S\$80

Applying Oil on The Body to Stimulate The Nerve Endings, Which is Followed by Dripping of Herbal Buttermilk on The Forehead for 20mins.

KSHEERADHARA

(MEDICATED MILK DRIPPING)

30mins S\$80

Applying Oil on The Body to Stimulate The Nerve Endings, Which is Followed by Dripping of Herbal Buttermilk on The Forehead for 20mins.

KASHAYADHARA

(HERBAL DECOCTION DRIPPING)

60mins S\$80

Applying Oil on The Body to Stimulate The Nerve Endings, Which is Followed by Dripping of Herbal Decoction on The Forehead for 30mins.

GLOBAL AYURVEDIC SPECIAL

(REJUVENATE THE BODY, MIND AND SOUL)

100mins S\$130

Rhemavedic Abhyanga, Herbal Poultice Shirodhara Done Continuously One After Another Creating A Deep Relaxation for Both Body, Mind, Senses and Soul.

NASYAM

35mins S\$35

This is One of The Purificatory Therapy to Remove Toxins Accumulated in The Respiratory Organs Through Instilling Herbal Drops Via Nose Follwed Pre and Post Massage in The Head, Face and Neck Region with Herbal Oil and Steam.

NETRATARPANAM

(EYE OIL POUCH)

40mins S\$45

Massaging The Face and Around The Eyes and A Special Tank of Doough is Made Around The Eyes and A Luke Warm Medicated Ghee Or Oil is Filled in for 15 Mins.The treatment strengthens the optical nerves, prevents cataract and gives a cooling effect to the eyes.



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Our special Ayurvedic Therapies



Shirodhara



Abhyanga



Kativasti



Pizhichil



Cash/NETS



8a.m to 8p.m



Reservation
required for all
Therapies



Global Ayurvedic Centre Pte Ltd

Feel the healing touch of ayurveda in the most traditional way!

456 Race Course Road Singapore 218698

Phone:- +65 6296 4898

Booking:- Enquiry@gacayurveda.sg

Website:- www.gacayurveda.sg